

## **Adolescent-Screening, Brief Intervention, Referral and Treatment (A-SBIRT)**

### Trainers:

The Managers for each Mobile Crisis team have been trained to provide this training to their staff

### Description

This training is intended to prepare EMPS clinicians and supervisors to screen for, recognize, and address alcohol and substance use by adolescents and children. The training is 60 minutes and provides in depth information on the impact of substance use on child development and specific information on and how to engage youth around a substance use discussion, the use of standardized brief screening tools and steps to take when substance use is identified.

Staff are trained in using two screening tools for A-SBIRT the Screening to Brief Intervention (S2BI) and the CRAFFT. The screening tools are administered to all youth ages 12 and older. The A-SBIRT brief screening tools can be completed in 10 to 15 minutes and can accurately screen youth for problems related to substance use and if necessary, provide brief intervention and/or a referral to treatment services.

Staff are trained in using the information collected on each youth using the screening tools to support any services they need. A-SBIRT has been used effectively in a variety of settings to promote healthy lifestyles, and to intervene briefly if and when problems are identified.