

## **The Columbia-Suicide Severity Rating Scale (C-SSRS)**

Trainers:

This is an online training available to all Mobile Crisis staff

### Description

This training is intended to prepare EMPS clinicians and supervisors to screen for, recognize, and address youth suicide risk.

The training prepares staff for using the Columbia-Suicide Severity Rating Scale C-SSRS as an assessment tool. The C-SSRS supports suicide risk assessment through a series of simple, plain-language questions. The answers are used to identify whether a youth is at risk for suicide, and if so to assess the severity and immediacy of that risk, and to gauge the level of support that the person needs to deal with the risk.

The C-SSRS is used to identify whether and when a youth has had thoughts about suicide (ideation); what actions they have taken, and when, to prepare for suicide; and if they have attempted suicide or began a suicide attempt, was it interrupted by another person or stopped by themselves.